

CarbRepel™

Purpose & Rationale

The purpose of this product is to help reduce absorption of a significant percentage of ingested carbohydrate calories to help maintain or accelerate desired weight loss during a diet and exercise program, especially in people who tend to crave or overeat carbohydrates/sugars. The common white bean, *Phaseolus vulgaris*, produces an alpha-amylase enzyme inhibitor (the enzyme that breaks down carbohydrates and allows them to be absorbed into the body¹⁸²), which has been characterized and tested in numerous clinical studies.¹⁸³ A specific and proprietary ingredient, Phase 2 Carb Controller®, has demonstrated the ability to enhance weight loss when compared to placebo with doses of 500 to 3,000 mg per day, in either a single dose or in divided doses by blocking the action of alpha amylase¹⁸³ and produces superior results when compared with other starch/carbohydrate blockers with anti-amylase activity.¹⁸⁴

Typical Use

- Non-stimulant fat-loss and appetite aid for those who tend to overeat carbohydrates.
- Anyone seeking to enhance body-fat reduction without affecting the central nervous system.
- Can be used alone or as part of the LeanPak90.
- Take 2 tablets, twice daily, 30 minutes before the largest carbohydrate-containing meals or snacks with at least 8 oz. of appropriate fluid.
- Discontinue after reaching fat-loss goal or until lifestyle helps maintain desired progress.

Unique Features

- The all-natural ingredient Phase 2 Carb Controller® is the first nutritional ingredient to be

clinically and scientifically proven to neutralize starch.

- The FDA has accepted the following claims based on 16 clinical investigations:
 - “May assist in weight control when used in conjunction with a sensible diet and exercise program.”
 - “May reduce the enzymatic digestion of dietary starches.”
- Can be used alone or as part of the LeanPak90.
- Manufactured in a regularly inspected NSF certified facility, in compliance with Good Manufacturing Practices (GMPs).
- Third-party tested.

Contraindications

The compounds in CarbRepel are contraindicated in pregnancy and lactation because of a lack of data for this population. In all cases, consult with a physician.

Supplement Facts	
Serving Size: 2 Tablets	
Servings Per Container: 60	
Amount Per Serving	% DV
Phase 2 Starch Neutralizer®†	750mg *
<small>White Kidney Bean Extract (<i>Phaseolus vulgaris</i>)</small>	
Citrus Pectin	375 mg *
Pomegranate Fruit Extract	137.5 mg *
<small>(Total Polyphenols 110 mg, Ellagic Acid 55 mg)</small>	
*Daily Value not established.	